

Sexual Health Resource Guide

The Resource Library features info on different STD and sexual health related topics from the LA County Department of Public Health, Division of HIV and STD Programs.



Go to [LACondom.com](https://www.lacondom.com) for FREE condoms or to sign up to be a partner to provide both internal and external (sometimes called “universal”) condoms.

Check out [GetProtectedLA.com](https://www.getprotectedla.com) for info on STDs and HIV, including fact sheets, videos, and service locators.



This site includes a list of clinics in LA County that offer low cost and youth-friendly HIV and STD services and provides a glossary & FAQs about your rights and what to expect at your doctor’s visit.

Visit [GetPrEPLA.com](https://www.getprepla.com) for more information on PrEP and PEP. You can find a PrEP/PEP provider, watch videos, or get info about insurance coverage.



An online resource hub that is guided by a Youth Advisory Board. Resources include:

- How to get FREE condoms
- Map of clinics across CA
- “Know Your Rights” tips

I Know. offers FREE STD self-test kits that can be shipped discreetly to you. The site also has a clinic locator for in-person STD testing or treatment. **Note: tests are only available for vaginal swabs.**



Bedsider.org offers inclusive and medically accurate information about birth control options, as well as tips on romantic and sexual relationships. You can also use Bedsider to find clinics or health centers in your area.

[TakeMeHome.org](https://www.takemehome.org) offers FREE HIV self-test kits that can be shipped discreetly to you.

This site offers a resource page that compiles a wide range of service finders and information.

English



Español



TAKEMEHOME



[Talkwithyourkids.org](https://www.talkwithyourkids.org) offers an interactive timeline, which includes activities, resources, and tips for approaching conversations about relationships and sexual health with the younger people in your life.

