

# Oral\* PrEP Service Delivery Checklist



Ending  
the  
HIV  
Epidemic

## Starting PrEP

\_\_\_\_\_ Discuss PrEP with all sexually active adults and adolescents.

\_\_\_\_\_ Prescribe PrEP to anyone who requests it.

\_\_\_\_\_ Recommend PrEP to any patient with:

- Condomless vaginal or anal sex with a partner who has HIV or unknown HIV status
- HIV+ sex partner (esp if not undetectable) or desire to conceive with a partner who is HIV+
- Recent bacterial STI, especially syphilis (50% HIV and syphilis co-infection rates in LA County)
- Injection drug use with sharing needles/equipment
- Any survival/transactional sex

\_\_\_\_\_ PrEP education/counseling

- Options:
  - Daily PrEP with either TDF/FTC (Truvada) or TAF/FTC (Descovy)
    - TAF/FTC not recommended for those at risk from receptive vaginal sex
    - Maximum protection takes 7 days (anal sex), and 21 days (vaginal sex)
  - On-Demand with TDF/FTC, most suited for MSM with infrequent sex, aka 2-1-1
  - Injectable PrEP Apretude: injection needed every 2 months
    - Maximum protection takes 7 days (anal sex), and 21 days (vaginal sex)
- With good adherence, daily PrEP highly effective (>99%)
- Possible side effects: n/v, diarrhea (resolves within 1 month), renal dysfunction- reversible if PrEP stopped (TDF), slight loss of BMD (TDF), possible weight gain (TAF)
- Importance of regular HIV testing, especially if start/stop or with 2-1-1
- For individuals with Hep B, disease can flare if PrEP is stopped abruptly

\_\_\_\_\_ Obtain past medical history, specifically about history of kidney and liver disease (particularly HBV), osteoporosis. For patients who can get pregnant, assess pregnancy desires.

Contraindications: Current HIV infection, weight<77lbs, eCrCl<60 for TDF/FTC and <30 for TAF/FTC, possible HIV exposure in last 72 hours, offer PEP. For assistance, call National PEpline.

\_\_\_\_\_ Assess for and educate on symptoms of acute HIV infection (e.g., flu-like illness, lymphadenopathy)

\_\_\_\_\_ Lab Screening:

- HIV test: 4th generation Ag/Ab test (or HIV viral load) to rule out acute HIV
- STD (RPR or Trep EIA/CIA, GC/CT urine, GC/CT rectum, GC pharynx)
- Creatinine to estimate creatinine clearance
- Hepatitis Screening: HepB sAb/cAb/Ag and HCV Ab
- Pregnancy test (if applicable)

\_\_\_\_\_ Provide prescription for PrEP

- **Daily PrEP:** TDF/FTC (Truvada) or TAF/FTC (Descovy)\* #30 tabs, 2 refills
- **On-Demand PrEP:** #30 pills, no refills because patient needs an HIV test before refill

\_\_\_\_\_ Offer Hepatitis, meningococcal, and HPV vaccination, as indicated.

\_\_\_\_\_ Assess for substance abuse and mental health needs and make referrals as needed.

\_\_\_\_\_ Schedule follow-up visits at least every 3 months and create a plan for communication between visits.

\_\_\_\_\_ Consider check-in call in 1 week to ensure Rx picked up, assess side effects and adherence

\_\_\_\_\_ Consider 1- month visit in some cases with repeat HIV test if recent high-risk behavior.



## Follow-up Appointments

\_\_\_\_\_ Assess the following at each visit

- Patient's desire to continue PrEP
- Side effects
- Medication adherence
- Signs/symptoms of acute HIV infection
- Possibility of pregnancy (if applicable)

\_\_\_\_\_ Laboratory tests at each visit

- HIV 4<sup>th</sup> generation Ag/Ab (or RNA)
- STD (RPR or Trep EIA/CIA, GC/CT urine, GC/CT rectum, GC pharynx)
- For persons  $\geq 50$  yo or with eCrCl $< 90$ , check Creatinine every 6 months
- Cholesterol and TG levels every 12 months
- For MSM, TG Women, people who inject drugs, HCV Ab every 12 months
- Pregnancy test (if applicable)

\_\_\_\_\_ Treat any STDs and report to LAC DPH

[http://ph.lacounty.gov/dhsp/ReportCase.htm#STD\\_Reporting\\_Information](http://ph.lacounty.gov/dhsp/ReportCase.htm#STD_Reporting_Information)

Call DPH STD Clinical Consultation Line if need assistance: 213-368-7441

\_\_\_\_\_ Provide medication adherence counseling, if needed.

\_\_\_\_\_ Provide prescription for PrEP

- **Daily PrEP:** TDF/FTC (Truvada) or TAF/FTC (Descovy)\* #30 tabs, 2 refills
- **On-Demand PrEP:** #30 pills, no refills because needs an HIV test before refill

\_\_\_\_\_ Assess for substance abuse and mental health needs and make referrals as needed.

\_\_\_\_\_ Schedule f/u visits at least every three months and create a plan for communication between visits.

Offer Tele-health (aka virtual) visits if it is an option as it may improve long term persistence with PrEP.

\_\_\_\_\_ Offer Hepatitis, meningococcal, and HPV vaccination, as indicated.

*\*This checklist is specifically for prescribing oral PrEP with either TDF/FTC or TAF/FTC. A specific checklist for injectable PrEP is forthcoming.*

**National PrEP Clinical Consultation PrEPLine:** Monday – Friday, 9 a.m. – 8 p.m. ET at (855) 448-7737 or (855) HIV-PrEP

**National PEP Clinical Consultation PEPLine:** 9 a.m. – 8 p.m. ET Monday – Friday, and 11 a.m. – 8 p.m. ET on weekends & holidays at (888) 448-4911

**CDC, US Public Health Service PrEP Guidelines, 2021.** <https://www.cdc.gov/hiv/pdf/risk/prep/cdc-hiv-prep-guidelines-2021.pdf>

**Prescribing PrEP tips, visit** <https://aidsetc.org/prep>

**For assistance with STD management,** call LAC DPH Division of HIV and STD Programs- Clinical Consultation Line Mon-Friday 8am-5pm at 213-368-7441.