



# Mental Health Services

## for People with HIV

### What are Mental Health Services?

Mental Health Services is a program to help people living with HIV (PLWH) who are also experiencing mental health challenges that affect with their everyday functioning and quality of life. These services are provided by a Mental Health provider who specializes in HIV.

### What is the goal of the Mental Health Services program?

The Mental Health Services program seeks to help improve your mental and physical health status by addressing mental health stressors and challenges.

### What services can I access through the Mental Health Services program?

- ✓ Individual Counseling
- ✓ Family Counseling
- ✓ Group Counseling
- ✓ Multi-Family Counseling
- ✓ Medical Management
- ✓ Crisis Intervention

### Where can I access these services?

Agency	Phone Number
AIDS Healthcare Foundation	(818) 380-2626 x5733
AltaMed Health Services	(323) 869-5408
Being Alive	(323) 874-4322
JWCH Institute	(323) 201-4516 x3040
Northeast Valley Health Corporation	(818) 988-6335
Special Services for Groups	(213) 375-3830
St. John's Well Child & Family Center	(323) 541-1411
Tarzana Treatment Centers	(818) 342-5897 x2195
Venice Family Clinic	(310) 664-7613
County of Los Angeles: Department of Mental Health	(213) 738-4717
County of Los Angeles: LAC+USC Medical Center	(323) 409-8258

### How do I access these services?

You can access these services by contacting the providers listed above. It is important to note that you do not need to receive mental health services in the same clinic where you access your HIV medical care. If you are not already receiving services at one of the providers above, they may need to confirm that you are Ryan White Program-eligible and they may ask you to provide documentation confirming your HIV diagnosis, current income (if any), health insurance (if any), and that you live in Los Angeles County.

